

---

## Runners warm up for Frosty Fun Run in Redding

By Record Searchlight staff

Saturday, January 7, 2012

Participants get ready for the first Frosty Fun Run, which was held Saturday at Lake Redding Park. Event coordinator John Luaces said Saturday's turnout of 240 runners was the largest yet for the running event. Luaces said the series of runs was created to let people have fun, get exercise and meet others with the same interests. The seven-week series includes Saturday runs on the Clover Creek Preserve Trail, Lema Ranch Trails and East Trail along Highway 299. Runners can register each race day from 7 to 8 a.m. and the cost is a \$2 donation. For more information, call Luaces at 526-3076 or send an email to [frostyruns@gmail.com](mailto:frostyruns@gmail.com).



© 2012 Scripps Newspaper Group — Online