

THREE MILE ROAD RACE

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Shasta Lake, CA March 25, 1995 10:00 a.m. Weather: Clear, 60 degrees

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PLACE	TIME	PACE	NO.	DIV/TOT	NAME	AG	S	TOWN	ST
1	15:14	5:05	5	1/17	DICK OLDFIELD	34	M	TIGARD	OR
2	16:20	5:27	58	1/6	BILL JOSEPH	38	M	SHASTA	CA
3	16:45	5:35	242	2/17	BRUCE ANDREW	34	M	ANDERSON	CA
4	17:12	5:44	250	1/5	HOWIE BERGMERKLE	23	M	REDDING	CA
5	17:15	5:45	251	1/5	JOHN LANCHE	27	M	REDDING	CA
6	17:41	5:54	52	1/8	KEVIN YATES	16	M	REDDING	CA
7	17:45	5:55	160	2/8	YAMACH HERNANDEZ	17	M	IGO	CA
8	17:51	5:57	241	2/5	RODGER PRESTON	26	M	REDDING	CA
9	18:04	6:01	173	1/5	MEGAN SHEEHY	24	F	REDDING	CA
10	18:36	6:12	119	1/10	COLBY PHILLIPS	15	M	REDDING	CA
11	18:43	6:14	210	2/5	BRIAN GADDY	24	M	REDDING	CA
12	18:57	6:19	253	3/17	LEE YOUNG	33	M		
13	18:58	6:19	98	1/12	JIM MIDDLETON	49	M	REDDING	CA
14	19:05	6:22	109	3/8	ADAM MEYER	16	M	REDDING	CA
15	19:13	6:24	75	2/12	LEROY PERKINS	49	M	REDDING	CA
16	19:18	6:26	130	4/17	DONNIE FERGUSON	31	M	SHASTA LAKE	CA
17	19:19	6:26	244	5/17	SLOW SMITH	31	M	CENTRAL VALLEY	CA
18	19:34	6:31	94	1/3	ROBERT DIGIULIO	48	M	REDDING	CA
19	19:46	6:35	145	4/8	NATHAN GADDY	19	M	REDDING	CA
20	20:02	6:41	176	6/17	DAN FRANK	30	M	SHASTA LAKE	CA
21	20:17	6:46	233	5/8	GABE BROWN	17	M	REDDING	CA
22	20:19	6:46	600		BANDIT				
23	20:20	6:47	186	1/4	MORT WARD	64	M	QUINCY	CA
24	20:28	6:49	162	1/8	ALLEGRA PORTER	12	F	MC CLOUD	CA
25	20:35	6:52	37	1/9	MAC FORBES	50	M	REDDING	CA
26	20:36	6:52	183	1/12	TONYA GEERS	36	F	REDDING	CA
27	20:38	6:53	99	2/6	DEAN WARD	36	M	REDDING	CA
28	20:40	6:53	224	3/6	DAVID RYAN	37	M	REDDING	CA
29	20:44	6:55	231	2/4	EVERT RIGGEL	62	M	CHICO	CA
30	20:45	6:55	49	1/5	PAUL BROUSSEAU	41	M	REDDING	CA
31	20:54	6:58	9	1/2	BOB MALAIN	67	M	REDDING	CA
32	21:00	7:00	248	7/17	DAN HOUSEBOLDER	34	M	CHICO	CA
33	21:09	7:03	223	8/17	ART KENT	34	M	LAKEHEAD	CA
34	21:12	7:04	243	3/5	BRYAN ROLLINS	20	M	SHASTA	CA
35	21:28	7:09	50	2/3	NICK COVARRUBIAS	46	M	ANDERSON	CA
36	21:38	7:13	129	1/5	NANCY RUFENER	46	F	REDDING	CA
37	21:52	7:17	234	1/5	LEONARD MOORE	59	M	ROUND MOUNTAIN	CA
38	21:53	7:18	220	2/12	CHRISTI WHITCOMB	38	F	ALTURAS	CA
39	21:58	7:19	215	3/12	PAT MILLER	47	M	REDDING	CA
40	22:06	7:22	255	9/17	DAVE MALDONADO	34	M		
41	22:10	7:23	181	2/9	HERB MONIE	52	M	REDDING	CA
42	22:11	7:24	11	2/5	BECCI CILENTI	23	F	DVIS	CA
43	22:12	7:24	213	2/10	SLATER GORDON	15	M	CRESCENT CITY	CA
44	22:13	7:24	165	10/17	BRIAN BAKER	34	M	SHASTA LAKE	CA
45	22:14	7:25	206	11/17	DON CHILTON	31	M	REDDING	CA
46	22:25	7:28	168	6/8	JOE MCKENNA	19	M	REDDING	CA
47	22:32	7:31	216	7/8	CHUCK DIPRIMA JR	16	M	ANDERSON	CA
48	22:43	7:34	74	1/9	GAIL PERKINS	32	F	REDDING	CA
49	22:45	7:35	197	3/10	CHRIS ROSE	14	M	REDDING	CA
50	22:50	7:37	61	1/8	BETH MIFSUD	43	F	REDDING	CA

New record. Old record 15:35 by Raul Higgins of Redding in 1994

PLACE	TIME	PACE	NO.	DIV/TOT	NAME	AG	S	TOWN	ST
51	22:51	7:37	22	3/5	JENNIFER DONIAK	24	F	SHASTA LAKE	CA
52	23:02	7:41	167	3/12	MARLINA RIFFEL	35	F	REDDING	CA
53	23:09	7:43	108	4/12	STEVEN MEYER	45	M	REDDING	CA
54	23:09	7:43	39	3/9	GARY ROGERS	51	M	SHINGLETOWN	CA
55	23:22	7:47	35	4/9	PHILLIP WILLIS	50	M	REDDING	CA
56	23:32	7:51	121	12/17	CAL DEMECURIO	32	M	REDDING	CA
57	23:57	7:59	120	2/8	CRISTA PHILLIPS	11	F	REDDING	CA
58	23:57	7:59	67	3/5	JIM TOMASIN	28	M	REDDING	CA
59	23:58	7:59	81	5/9	STAN CUNNINGHAM	50	M	REDDING	CA
60	23:59	8:00	152	13/17	MICHAEL GOULD	31	M	REDDING	CA
61	23:59	8:00	249	4/5	SUSANA STEMBROUGH	20	F	REDDING	CA
62	24:07	8:02	32	14/17	STEVE WESTLAKE	33	M	REDDING	CA
63	24:08	8:03	208	2/5	GREG DURKEE	41	M	REDDING	CA
64	24:08	8:03	151	5/12	JAMES BRISTOW	47	M	REDDING	CA
65	24:09	8:03	601		BANDIT				
66	24:10	8:03	217	6/12	CHUCK DIPRIMA	45	M	ANDERSON	CA
67	24:19	8:06	43	1/4	NATALIE WILHELMSON	25	F	REDDING	CA
68	24:25	8:08	65	3/3	MURPHY BREEDLOVE	28	M	ANDERSON	CA
69	24:27	8:09	126	7/12	BILL SPRINGHORN	45	M	REDDING	CA
70	24:30	8:10	124	2/8	MARY SPRINGHORN	44	F	REDDING	CA
71	24:39	8:13	155	8/12	RAY FRISBIE	49	M	WHITORE	CA
72	24:49	8:16	227	1/4	ASHLEY WEISS	9	F	REDDING	CA
73	24:52	8:17	83	2/4	RENEE CUNNINGHAM	26	F	REDDING	CA
74	24:56	8:19	106	2/5	LEE LEONARD	58	M	REDDING	CA
75	25:21	8:27	36	2/9	PAULA PEARCE	30	F	SHASTA LAKE	CA
76	25:23	8:28	153	4/10	JAKE SAYDYK	12	M	SHASTA LAKE	CA
77	25:24	8:28	212	5/10	CODY GORDON	12	M	CRESCENT CITY	CA
78	25:25	8:28	56	1/3	JIM SULLIVAN	71	M	COOL	CA
79	25:45	8:35	71	6/9	DARYL HARRIS	53	M	REDDING	CA
80	25:51	8:37	149	6/10	BENJAMIN FORD	13	M	REDDING	CA
81	25:52	8:37	229	9/12	PHIL SAWTELLE	45	M	REDDING	CA
82	25:52	8:37	114	10/12	BOB FRANK	45	M	REDDING	CA
83	25:56	8:39	179	1/8	KATHY FRANK	50	F	SHASTA LAKE	CA
84	25:57	8:39	113	1/4	MARGE ROUSE	59	F	REDDING	CA
85	25:59	8:40	84	7/9	RICHARD MARCHAND	52	M	REDDING	CA
86	26:06	8:42	60	2/5	PAM DECOMP	49	F	SHASTA LAKE	CA
87	26:08	8:43	245	3/8	SAMMI CHRISTENSEN	14	F	REDDING	CA
88	26:10	8:43	246	3/9	BECKY JUMP	33	F	REDDING	CA
89	26:17	8:46	225	4/5	KAREN BUTCHER	28	M	SHASTA LAKE	CA
90	26:21	8:47	85	4/12	KAREN OLDFIELD	35	F	TIGARD	OR
91	26:25	8:48	31	2/2	HERMAN ROMERO	67	M	WILLOWS	CA
92	26:31	8:50	105	1/2	BECKY CARTER	16	F	SHASTA LAKE	CA
93	26:47	8:56	235	3/4	DAVE FERGUSON	61	M	REDDING	CA
94	26:48	8:56	70	4/8	ALICIA FAIRHURST	11	F	DUNSHUIR	CA
95	26:58	8:59	175	3/5	PANCHO FAIRHURST	42	M	DUNSHUIR	CA
96	27:11	9:04	195	4/5	LARRY OLKOWSKI	42	M	REDDING	CA
97	27:12	9:04	68	5/12	LYNN WEBB	36	F	SHASTA LAKE	CA
98	27:20	9:07	40	4/9	JULIE STAPLEY	33	F	REDDING	CA
99	27:25	9:08	201	5/8	GINA BACCARIANI	13	F	REDDING	CA
100	27:47	9:16	170	8/9	MICHAEL MCNERNEY	50	M	REDDING	CA

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Shasta Lake, CA March 25, 1995 10:00 a.m. Weather: Clear, 60 degrees

PLACE	TIME	PACE	NO.	DIV/TOT	NAME	AG	S	TOWN	ST
101	27:53	9:18	222	3/4	TIFFANY KENT	28	F	LAKEHEAD	CA
102	28:19	9:26	33	7/10	CASEY RELLAFORD	14	M	REDDING	CA
103	28:20	9:27	72	3/5	DARLENE HAYDEN	48	F	REDDING	CA
104	28:22	9:27	82	2/8	YVONNE CUMMINGHAM	52	F	REDDING	CA
105	28:24	9:28	154	8/10	JOHN SAJOTK	14	M	SHASTA LAKE	CA
106	28:32	9:31	48	2/4	QUINN BROUSSARD	10	F	REDDING	CA
107	28:34	9:31	137	6/12	KAREN SEARS	37	F	LOS MOLINOS	CA
108	28:36	9:32	200	7/12	DEBBY HAAGERSON	38	F	REDDING	CA
109	29:11	9:44	92	8/12	MARY CARTER	36	F	REDDING	CA
110	29:13	9:44	230	4/5	CLINT BELL	24	M	REDDING	CA
111	29:21	9:47	214	4/5	KAREN GORDON	47	F	CRESCENT CITY	CA
112	29:38	9:53	27	2/4	DIANE PRETTYMAN	55	F	REDDING	CA
113	29:40	9:53	221	4/6	PAUL WHITCOMB	39	M	ALTURAS	CA
114	29:41	9:54	26	5/5	VIKEY MCGRATH	23	F	SHASTA LAKE	CA
115	29:42	9:54	118	5/5	TOM FPANK	21	M	REDDING	CA
116	29:43	9:54	78	5/5	ERIK WEYKER	27	M	SEBASTOPOL	CA
117	30:33	10:11	479	5/9	CHANTEL HOWARD	31	F	REDMOND	OR
118	30:33	10:11	41	9/12	MARIANNE BRAMHAM	39	F	REDDING	CA
119	30:34	10:11	42	6/9	HEATHER JONES	33	F	REDDING	CA
120	30:38	10:13	111	1/8	MARY MALAIN	67	F	REDDING	CA
121	30:59	10:20	191	3/4	ARLENE BIDWELL	56	F	REDDING	CA
122	31:02	10:21	51	3/8	JOANN LOCKWOOD	54	F	REDDING	CA
123	31:04	10:21	211	15/17	BEN DEMECURIO	30	M	REDDING	CA
124	31:21	10:27	142	9/9	RICHARD DUVAL	54	M	REDDING	CA
125	31:56	10:39	116	8/8	JOE FRANK	16	M	REDDING	CA
126	32:14	10:45	166	3/4	JESSICA BAKER	10	F	SHASTA LAKE	CA
127	32:14	10:45	144	7/9	KARI TAYLOR	30	F	SACRAMENTO	CA
128	32:45	10:55	228	8/9	AMELIA WEISS	32	F	REDDING	CA
129	32:46	10:55	177	9/10	CASEY LOZINTO	12	M	SHASTA LAKE	CA
130	32:49	10:56	209	10/12	BECKY TRUMBULL	31	F	REDDING	CA
131	32:49	10:56	218	3/3	NIKKI FOWLER	41	F	REDDING	CA
132	32:58	10:59	17	2/2	HILLARY DEEMS	17	F	REDDING	CA
133	33:17	11:06	53	2/3	LAWRENCE FORERO	71	M	WEAVERVILLE	CA
134	33:21	11:07	57	2/8	GERI SULLIVAN	66	F	COOL	CA
135	33:22	11:07	232	4/4	KIN SPENCER	60	M	RED BLUFF	CA
136	34:51	11:37	93	1/3	BETTY BRAZELTON	62	F	REDDING	CA
137	35:07	11:42	198	3/8	MARGE RIFFEL	68	F	REDDING	CA
138	35:09	11:43	254	3/5	LEO YOUNG	55	M		
139	35:19	11:46	79	4/5	HOWARD WEYKER	55	M	SEBASTOPOL	CA
140	36:20	12:07	192	4/4	JORDAN HALSCH	8	F	REDDING	CA
141	36:20	12:07	193	16/17	MATT HAISCH	33	M	REDDING	CA
142	36:29	12:10	23	2/3	DOROTHY MONTONYE	61	F	REDDING	CA
143	39:18	13:06	202	4/8	NANCY BACCRINI	44	F	REDDING	CA
144	39:37	13:12	141	4/8	ILENE DUVAL	53	F	ANDERSON	CA
145	40:51	13:37	127	9/9	ROBIN AWEAD	32	F	SHASTA LAKE	CA
146	41:00	13:40	24	1/1	HELEN KLINGLER	70	F	REDDING	CA
147	41:12	13:44	247	5/8	SENGA RACKI	50	F	CENTRAL VALLEY	CA
148	41:37	13:52	25	3/3	MEL FISHER	72	M	REDDING	CA
149	41:53	13:58	54	4/8	BEVERLY FORERO	66	F	WEAVERVILLE	CA
150	42:57	14:19	148	10/10	J.R.FORD	11	M	REDDING	CA

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PLACE	TIME	PACE	NO.	DIV/TOT	NAME	AG	S	TOWN	ST
151	43:55	14:38	158	1/2	DANIEL SPAULDING	9	M	REDDING	CA
152	43:59	14:40	146	5/5	JERRY LEE FORD	40	M	REDDING	CA
153	44:35	14:52	131	17/17	TONY GRILLO	31	M	SANTA ROSA	CA
154	44:43	14:54	138	2/2	TREVOR SEARS	6	M	LOS MOLINOS	CA
155	44:44	14:55	136	5/6	JERRY SEARS	36	M	LOS MOLINOS	CA
156	45:04	15:01	172	5/8	KATHY MCDANIEL	42	F	SHASTA LAKE	CA
157	45:07	15:02	97	6/8	MARJORIE ADAMS	40	F	REDDING	CA
158	45:38	15:13	112	6/8	BARBARA STONE	52	F	SHASTA LAKE	CA
159	45:48	15:16	163	11/12	JENNIFER BAKER	34	F	SHASTA LAKE	CA
160	46:11	15:24	171	11/12	DANNY MCCANDEL	45	M	SHASTA LAKE	CA
161	46:17	15:26	76	7/8	JUDITH STAPLEY	54	F	SHASTA LAKE	CA
162	46:18	15:26	77	5/5	RICHARD STAPLEY	56	M	SHASTA LAKE	CA
163	46:23	15:28	103	3/3	SHIRLEY ROCKWELL	64	F	SHASTA LAKE	CA
164	47:25	15:48	147	12/12	SONYA FORD	37	F	REDDING	CA
165	47:29	15:50	46	7/8	KATHY WADE	44	F	REDDING	CA
166	47:30	15:50	47	12/12	FRED WADE	45	M	REDDING	CA
167	47:37	15:52	159	6/8	JAMIE SPAULDING	14	F	REDDING	CA
168	47:38	15:53	150	7/8	JULIE FORD	14	F	REDDING	CA
169	47:46	15:55	115	8/8	DANIELLE FRANK	13	F	REDDING	CA
170	48:50	16:17	196	8/8	PATTY PETERSON	50	F	REDDING	CA
171	48:50	16:17	423	8/8	VALERIE FAIRHURST	43	F	OAKLEY	CA
172	49:03	16:21	161	5/5	FRAN REESE	47	F	SHASTA LAKE	CA
173	49:03	16:21	174	4/4	BRENDA LEE	28	F	SHASTA LAKE	CA
174	49:58	16:39	189	5/8	JUNE ROMANO	65	F	CENTRAL VALLEY	CA
175	49:58	16:39	182	6/8	NANCY UNDERWOOD	69	F	SHASTA LAKE	CA
176	50:55	16:59	110	7/8	LOIS EMERSON	65	F	SHASTA LAKE	CA
177	50:58	16:59	164	8/8	TYONNA SAGE	66	F	SHASTA LAKE	CA
178	53:16	17:45	139	1/1	JENNIFER SEARS	4	F	LOS MOLINOS	CA
179	53:24	17:48	101	6/6	CHRIS	36	M	REDDING	CA
180	54:11	18:04	102	4/4	MARJORIE DAHLBERG	59	F	REDDING	CA

NORCAL JOHN FRANK MEMORIAL RUN 1995

TEN MILE ROAD RACE

Shasta Lake, CA March 25, 1995 10:00 a.m. Weather: Clear, 70 degrees

PLACE	TIME	PACE	NO.	DIV/TOT	NAME	AG	S	TOWN	ST
1	53:15	5:28	188	1/5	PATRICK KORMDER	31	M	REDDING	CA
2	53:24	5:29	1	1/6	TOM CUSHMAN	41	M	CHICO	CA
3	57:26	5:53	6	2/5	GID RYSDAM	33	M	MILALLA	OR
4	57:27	5:54	238	2/6	JIM PRICE	44	M	REDDING	CA
5	1:01:18	6:17	180	1/2	PHILLIP DAMPTER	21	M	CHICO	CA
6	1:03:25	6:30	194	1/8	GARY BROOKS	48	M	CARSON CITY	NV
7	1:05:07	6:41	219	1/2	DINO PELLICANO	29	M	REDDING	CA
8	1:05:40	6:44	88	3/6	GUY MALAIN	42	M	REDDING	CA
9	1:05:50	6:45	128	3/5	JIM LAURITZEN	32	M	REDDING	CA
10	1:05:59	6:46	226	1/3	GARY PURSELL	39	M	REDDING	CA
11	1:06:02	6:46	123	1/1	JUDITH MANNING	27	F	SHASTA WAY	CA
12	1:08:22	7:01	140	4/5	JAMES ADAMS	33	M	OROVILLE	CA
13	1:08:27	7:01	63	2/8	KING WAYMAN	45	M	REDDING	CA
14	1:08:34	7:02	21	3/8	JIM LANGUM	48	M	REDDING	CA
15	1:08:35	7:02	2	1/4	BERNIE ELLIOTT	41	F	REDDING	CA
16	1:08:35	7:02	204	2/3	JAMIE HARVEY	35	M	REDDING	CA
17	1:09:17	7:06	91	4/8	CALVIN WAITE	48	M	MAGALIA	CA
18	1:09:24	7:07	69	2/2	DARRELL HARTMAN	21	M	REDDING	CA
19	1:10:03	7:11	178	1/6	JOHN FRANK	53	M	SHASTA LAKE	CA
20	1:10:46	7:15	38	5/8	BILL CARLSON	47	M	REDDING	CA
21	1:11:11	7:18	59	1/2	ERICA RODRIGUEZ	18	F	REDDING	CA
22	1:13:11	7:30	236	2/6	JIM PARKER	50	M	MT. SHASTA	CA
23	1:13:26	7:32	134	3/3	ROBERT BOND	39	M	REDDING	CA
24	1:13:26	7:32	64	4/6	BOYCE HUSE	40	M	REDDING	CA
25	1:16:22	7:50	205	5/6	DANNY BICKLE	42	M	REDDING	CA
26	1:16:31	7:51	135	3/6	PAUL FRANGOS	53	M	REDDING	CA
27	1:16:31	7:51	96	6/8	ROBERT ADAMS	45	M	REDDING	CA
28	1:16:39	7:52	107	1/3	LEE BUNNELL	61	M	REDDING	CA
29	1:16:44	7:52	28	1/3	JOE BROWN	55	M	RED BLUFF	CA
30	1:18:11	8:01	157	1/1	ZACHERY CALDWELL	14	M	REDDING	CA
31	1:18:15	8:02	14	4/6	DON YOST	52	M	REDDING	CA
32	1:18:16	8:02	15	7/8	BILL HORTON	49	M	ANDERSON	CA
33	1:18:49	8:05	86	6/6	TERRY PATRURST	43	M	OAKLEY	CA
34	1:19:10	8:07	252	2/3	SCOTT HEPBURN	60	M	REDDING	CA
35	1:19:51	8:11	169	2/3	GLENN REED	56	M	REDDING	CA
36	1:19:55	8:12	66	3/3	JOHNNY LUZZADDER	58	M	RED BLUFF	CA
37	1:19:56	8:12	143	8/8	GREG MONTGOMERY	45	M	CHICO	CA
38	1:19:57	8:12	104	1/1	MEREDITH PARKS	47	F	REDDING	CA
39	1:21:21	8:21	10	1/2	HARRY DANIELL	66	M	REDDING	CA
40	1:22:24	8:27	95	2/4	BARBARA COSINDAS	44	F	REDDING	CA
41	1:22:31	8:28	203	2/2	LORI KLUCK	16	F	REDDING	CA
42	1:22:36	8:28	44	3/4	BEA BUMBARGER	42	F	REDDING	CA
43	1:23:30	8:34	80	1/1	MICHELLE OVERLING	23	F	REDDING	CA
44	1:24:07	8:38	19	5/6	DENNIS COOK	53	M	REDDING	CA
45	1:24:38	8:41	55	4/4	MARY AXELSON	40	F	REDDING	CA
46	1:25:47	8:48	133	2/2	STEPHEN SCHEER	27	M	OROVILLE	CA
47	1:26:48	8:54	187	5/5	MATT DISKIN	34	M	BELLA VISTA	CA
48	1:29:26	9:10	30	2/2	IRA STANLEY	65	M	TULELAKE	CA
49	1:32:51	9:31	185	1/1	CAROLYN WARD	53	F	QUINCY	CA
50	1:33:16	9:34	184	6/6	LARRY FORD	54	M	OROVILLE	CA

New record. Old record 55:33 by Tom Cushman of Chico in 1994

NORCAL JOHN FRANK MEMORIAL RUN 1995

TEN MILE ROAD RACE

Shasta Lake, CA March 25, 1995 10:00 a.m. Weather: Clear, 70 degrees

PLACE	TIME	PACE	NO.	DIV/TOT	NAME	AG	S	TOWN	ST
51	1:37:41	10:01	237	3/3	JOHN LINDBERG	61	M	TRINITY CENTER	CA
52	1:41:33	10:25	29	1/1	JOAN SULLENS	61	F	REDDING	CA
53	1:48:19	11:07	87	1/1	NORMA CHICOINE	33	F	REDDING	CA

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