

track, 39, Weed, 1:27:48; 10, Linda Lewhonn, 44, Redding, 1:29:22.

16-19
1, Lori Kluck, Redding, 1:10:51; 2, Kara Hunt, Shasta Lake, 1:15:23.

20-29
1, Judi Snider, Redding, 1:08:44.

30-39
1, Luanne Park, Redding, 1:03:18; 2, Tonya Geers, Redding, 1:18:18; 3, Jennifer Pen-track, Weed, 1:27:48.

40-44
1, Karen Meyer, Redding, 1:27:07; 2, Suzanne Daniels, Wheatish, 1:27:48; 3, Linda Lewhonn, Redding, 1:28:11.

45-49
1, Nancy Ruffner, Redding, 1:12:37.

50-54
1, Kathy Frank, Shasta Lake, 1:33:30.

Three-mile race
Men
Overall
1, Wayne Vondermeiden, Arcata, 18:50; 2, Bryce Lighthall, 18, Redding, 18:52; 3, Stephen Pohlmeier, 15, Redding, 17:44; 4, Al Masterson, 39, Redding, 18:37; 5, Jeremiah Hanks, 13, Shingletown, 19:23; 6, Al Shook, 57, Cannon Lake, 19:36; 7, Tom Bal-cou, 56, Florence, (Ore.), 19:42; 8, David Ramos, 14, Redding, 19:48; 9, Peter Cottrell, 14, Shasta Lake, 19:49; 10, Robert Frazier, 25, Shasta Lake, 19:51.

6-19
1, Eric Poe, Redding, 21:29; 2, Ryan Jump, Redding, 25:23; 3, Bryan Burcham, Redding, 27:32.

11-19
1, Stephen Pohlmeier, Redding, 17:44; 2, Jeremiah Hanks, Shingletown, 19:23; 3, David Ramos, Redding, 19:48.

16-19
1, Bryce Lighthall, Redding, 18:50; 2, Slater Gordon, Crescent City, 20:20; 3, Adam Meyer, Redding, 20:36.

20-24
1, Tom Frank, Chico, 20:08.

25-29
1, Wayne Vondermeiden, Arcata, 18:50; 2, Robert Frazier, Shasta Lake, 19:51; 3, Jeffrey Ellis, Sacramento, 20:48.

30-39
1, Geoff Diaz, Redding, 19:55; 2, Blair Barn-ham, Shasta Lake, 20:05; 3, Dan Frank, Shasta Lake, 24:38.

35-39
1, Al Masterson, Redding, 18:37; 2, Peter McGrath, Palo Cedro, 20:21; 3, David Mai-dando, 21:58.

40-44
1, Barry Dawson, Cottonwood, 20:07; 2, Paul Brouseaux, Redding, 21:48; 3, Paul Heady, Weaverville, 22:40.

45-49
1, Tom Ruffner, Redding, 20:11; 2, Charlie Young, Yreka, 20:15; 3, Ed Gann, Susanville, 21:05.

50-54
1, Jim Middleton, Redding, 21:34; 2, Leroy Perkins, Redding, 22:55; 3, Bill Ford, Weav-erville, 24:45.

55-59
1, Al Shook, Cannon Lake, 19:36; 2, Tom Balcou, Florence (Ore.), 19:42; 3, Joe Brown, Red Bluff, 22:13.

60-64
1, Philip Erath, Junction City, 20:56; 2, Lee Leonard, Redding, 21:26; 3, William per-tersen, Shasta Lake, 49:41.

65-69
1, Mort Ward, Quincy, 22:38; 2, Bob Wag-ner, Redding, 26:11.

70-74
1, John Griffin, Trinity Center, 27:26; 2, Lawrence Forero, Weaverville, 28:59.

Women
Overall
1, Naomi Ramon, 18, Redding, 20:55; 2, Allegra Porter, 14, 21:46; 3, Jan Carter, 39, Redding, 22:12; 4, Jennifer Homquist, 39, Redding, 22:15; 5, Christi Whitcome, 40 Al-turas, 22:37; 6, Anna Heady, 37, Weaverville, 22:39; 7, Gail Perkins, 34, Redding, 22:55; 8, Joanna Correll, 48, Weaverville, 23:02; 9, Nancy Main, 37, Palo Cedro, 23:09; 10, Kati Landreth, 31, Chico, 23:13.

6-19
1, Amber Farley, Shasta Lake, 26:16; 2, Mimi Brown, Fall River Mills, 29:02; 3, Ash-ley Ackernacht, Redding, 29:51.

11-15
1, Allegra Porter, 21:46; 2, Lindsey Iverson, Redding, 26:10; 3, Allison Leonard, Redding, 29:51.

16-19
1, Naomi Ramon, Redding, 20:55; 2, Lindey Boeworth, Redding, 26:07; 3, Margo Iverson, Redding, 29:21.

20-24
1, Kati Landreth, Chico, 23:13; 2, Kristin Reyes, Palo Cedro, 27:27.

25-29
1, Michelle Massa, Redding, 26:00; 2, Na-talie Henderson, Anderson, 26:16; 3, Jen-nifer Doniak, Sacramento, 28:13.

30-34
1, Gail Perkins, Redding, 22:55; 2, Raquel Goodman, Redding, 24:05; 3, Paula Pearce, 29:41.

35-39
1, Jan Carter, Redding, 22:12; 2, Jennifer Holmquist, Redding, 22:15; 3, Anna Heady, Weaverville, 22:39.

40-44
1, Christi Whitcome, Alturas, 22:37; 2, Le-rusia Schaller, Redding, 40:52; 3, LeVina Mc-Minn, Redding, 43:17.

45-49
1, Joanna Correll, Weaverville, 23:02; 2, Beth Miffaud, Redding, 24:32; 3, Carole Kus-sow, Redding, 24:55.

50-54
1, Yvonne Cunningham, Redding, 28:51; 2, Isabel Quiros-Bush, Anderson, 30:07; 3, Verna Payne, Redding, 36:00.

55-59
1, Sharon Skinner, Sweetbriar, 26:30; 2, Carolyn Ward, Quincy, 27:15; 3, Leessa Heath, Redding, 33:58.

60-64
1, Marie Rouse, Redding, 28:41; 2, Dor-othy Monson, Redding, 44:09; 3, Millie Looper, Shasta Lake, 50:50.

65-69
1, Mary Malain, Redding, 32:44; 2, Georgia Cook, Anderson, 47:20; 3, Priscilla Mellow, Shasta Lake, 50:51.

70-74
1, Bettie Hollingshead, Shasta Lake, 52:54; 2, Winnifred Dev, Shasta Lake, 53:57.

Area running

Results from Saturday's 27th annual Nor-Cal John Frank Memorial Run at Margaret Poff Park in Shasta Lake:

8.75-mile race
Men
Overall
1, Tom Cushman, 43, Chico, 54:41; 2, Mark Blaser, 39, Redding, 57:52; 3, Jim Price, 48, Redding, 59:04; 4, Anthony Cot-trail, 18, Shasta Lake, 59:54; 5, Dan Brum-mer, 42, Weaverville, 1:01:15; 6, Erik Jor-rick, Sacramento, 1:01:22; 7, Gary Pursell, 41, 1:09:19; 8, Mark A. Tuthill, 29, San Diego, 1:09:03; 9, Ron Dunlap, 58, Redding, 1:08:41; 10, James Warmenwende, 55, Red-ding, 1:09:16.

16-19
1, Anthony Cottrill, Shasta Lake, 59:54; 2, Miles Peacock, Redding, 1:19:05.

20-34
1, Keith Webb, Shasta Lake, 2:08:08.

35-39
1, Erik Jorrick, Sacramento, 1:01:22; 2, Mark Tuthill, San Diego, 1:09:03; 3, Stephen Scheer, Oroville, 1:14:27.

40-44
1, John Lowell, Sacramento, 1:13:59.

45-49
1, Mark Blaser, Redding, 57:52; 2, Mike Moore, Redding, 1:55:03.

50-54
1, Tom Cushman, Chico, 54:41; 2, Dan Brummer, Weaverville, 1:01:15; 2, Gary Pursell, Redding, 1:09:19.

55-59
1, Jim Price, Redding, 59:04; 2, Jim Pen-trick, Weed, 1:11:15; 3, Vic Crooks, Red Bluff, 1:21:08.

60-64
1, Jim Langum, Redding, 1:09:49; 2, Ron Prior, Redding, 1:13:52; 3, Jim Parker, Mount Shasta, 1:17:32.

65-69
1, Ron Dunlap, Redding, 1:08:41; 2, James Warmenwende, Redding, 1:09:16; 3, Louis Quiggle, Redding, 1:12:21.

70-74
1, Harry Daniels, Redding, 1:24:02; 2, Ira Stanley, Tulelake, 1:32:19.

75-79
1, Jim Hayes, Durango (Colo.), 1:55:03.

Women
Overall
1, Luanne Park, Redding, 38, 1:03:18; 2, Judi Snider, 28, Redding, 1:08:44; 3, Lori Kluck, 18, Redding, 1:10:51; 4, Nancy Ruffner, 48, Redding, 1:12:37; 5, Kara Hunt, 17, Shasta Lake, 1:15:23; 6, Tonya Geers, 38, Redding, 1:18:18; 7, Karen Meyer, 43, Redding, 1:27:07; 8, Suzanne Daniels, 32, Wheatish (Mont.), 1:27:48; 9, Jennifer Pen-